



ETNA ELEMENTARY NEWSLETTER

October 2018

ETNA.LCSD2.ORG

The Three R's

The summer lag has impacted many of our students and made it evident that at home practice is CRITICAL for student success. As I examine our data, I am concerned about students who (based on their assessment scores from last spring to this fall) appear to have not had much interaction with reading or math. Reading, wRiting, and aRithmetic skills are the keys to success in high school and beyond. Students who are behind in any of these areas right now have steep hills to climb in their school career. Now is the time to do ALL you can to make sure your children practice and build their skills in each of these areas. Structuring time and demonstrating a commitment to these three content areas is an important thing for you to do as a parent. Your influence on your children's time and tasks is great right now and can be used to give your children an advantage for years to come. Several simple things can be done to solidify school success for your children. Please consider these building activities in the three "R's" to support their growth.

- 1. Reading:** Children should read AT LEAST twenty minutes a day AND visit with you about what was read. Ask your child about new words they encounter or the theme of what they read. There are many ways you can engage in your child's reading.
- 2. wRiting:** Many judgments outside the world of school are made about a person based on the written work he/she produces. There are many things you can do to help build these skills. Your child can journal. Students are always working on a writing piece at school that can be further developed at home. Writing emails to relatives about things that are going on in their lives is another great strategy.
- 3. aRithmetic:** Simply put, MATH FACTS are essential. From knowing addition facts to knowing $\frac{1}{4}$ is the same as .25 (for higher level students), being proficient in math facts is important. Most importantly, multiplication facts need to be mastered. These can be reinforced using traditional flash cards. We would be happy to help students make their own set upon your request. Students can do "count bys" anywhere, anytime; i.e. 3,6,9,12,15,18,21,24. There are also many computer and iPad games available to those who have Internet service.

This year, at parent teacher conferences, teachers will inform you about your child's performance level relative to where they should be specific to the Wyoming curriculum standards. Grades for students will reflect each student's level of mastery specific to those standards. 4th and 5th grade report cards will be different this year and our grading practices will focus on student academic performance separate from behavior. Student behavior or citizenship will also be reflected on the report card, but will not be a factor in the academic grade marking. If students are below or behind, we will provide you with multiple options to help them get where they need to be. If we don't get students caught up now, what lies ahead for them from an educational and occupational standpoint is scary to me. They leave us in 6th grade, but they are yours for a lifetime.

Mr. Klein

Where we Think, Learn, Achieve and Care



CALENDAR

10/2,3 & 9,10 Enrichment 2:40-3:50 p.m.	11/13-14 Parent-Teacher Conferences 3:00-7:00 p.m.
10/12 No School	11/16 No School
10/15 No School	11/21 Early Release
10/18 School Picture Retakes at 8:00 a.m.	11/22-23 Thanksgiving Break - No School
10/26 School Bus Safety Presentation at 12:20 pm	11/27,28 & 12/4,5 11,12 Enrichment
10/23-31 Red Ribbon Week	12/7 No School
10/26 School Bus Safety Presentation at 12:20 pm	12/24-1/2/18 Holiday Break
11/2 No School	1/3/18 School Resumes
11/4 Daylight Savings Time Ends - Fall Back!	
11/9 No School for Students	
11/11 Veteran's Day	
11/12 Veteran's Day Assembly	



Guidelines For Infectious Illness

It's that time of year again!! Coughing, sneezing, and other undesirable symptoms are being passed around the schools!! This is a good time of year to remind staff, students, and the entire community that utilizing prevention techniques can decrease infection rates by 60%!!!

What Are Prevention Techniques?

1. Wash hands!!!! Try washing your hands 2-3 times more a day than you typically would...you may see a positive difference on the amount of times you become sick this school year!
2. Remind students/children to wash hands frequently and not touch their mouth, nose, and eyes.
3. Stay at home when you are sick!!
4. Exercise regularly. This strengthens your immune system to help fight illness!
5. Get enough sleep. 7-9 hours is ideal for adults; 8-10 hours is ideal for children.

When Should We Stay At Home?

1. A fever of 100 degrees F. or higher (using a fever reducer and then coming to school is not an acceptable practice).
2. Sudden onset of:
 - Diarrhea – 2 or more episodes in 12 hours;
 - Vomiting – 2 or more episodes in 24 hours;
3. A combination of 2 or more of the following:
 - Large lymph nodes, body aches, temperature over 100 F, chills, rash, sore throat, weakness, diarrhea, vomiting, or abdominal pain.
 - Any bacterial infection until treated for 24 hours.
 - Redness and Discharge in or around eye(s).

Feel free to call me with questions: 885-7110

Thank You,

Skylla Hamilton-Holderman, RN, BSN

INTRODUCING! *A Huge Welcome* to our new staff members.



Adele Helgesen - 4th Grade Teacher, received her bachelor's degree in Elementary Education from Regis University. She has taught first grade for six years at Afton Elementary. This is her first year of teaching fourth grade. Her and her husband have lived in the valley for sixteen years, they have four children and two dogs. Mrs. Helgesen loves to garden, camp and play with her dogs. She also likes to spend time in the kitchen to try cooking but she really isn't that good at it. She is really excited to be a part of the Etna Elementary team and learn and grow in fourth grade.



Randy Wright - 6th Grade Teacher, received his bachelor degree from the University of Wyoming in May. He grew up in Laramie, Wyoming, but has family from Star Valley so he has spent a lot of time here through his life. Mr. Wright and his wife love being outdoors and going for 4-wheeler rides. He loves his family and pretty much any sport, but especially when the Broncos win. He is very excited to start his teaching career at EES!



Elizebeth Putnam - 6th Grade Teacher, earned a Bachelor of Science degree in Elementary Education from Utah State University. She grew up in Jackson, Wyoming and spent the summers with her grandparents who lived in Star Valley. Mrs. Putnam has been married for eighteen years and they have an 11-year-old daughter. She enjoys fishing, camping, hiking, kayaking, quilting, traveling, and spending time with her family.



Heather Robertson - Kitchen Heather was born in New Hampshire and was raised in San Diego, California she moved to Star Valley 5 years ago. Heather and her husband have one son who is in 4th de at Etna Elementary. Previously Heather has worked as an office manager for a land surveying and engineering firm. Heather enjoys traveling, fishing, photography and camping with her family.



Rebecca Hutchinson - Secretary, Rebecca was born in Salt Lake City, Utah, she moved to Star Valley 16 years ago. Prior to coming to Etna Elementary she was the school secretary at Afton Elementary for 6 years. She and her husband have two sons, Jason and Noah and one daughter, Mia. Rebecca enjoys running, biking, swimming and boating. She is excited to be at Etna Elementary and is especially excited to get to know all the students!

Welcome Back to School!

We are excited about the upcoming October events!

National Red Ribbon Week is October 24-31. The theme this year is *Life is Your Journey, Travel Drug Free*. We will kick off the week with an assembly and have other fun events during the week.

Banking Days have started every Wednesday at lunch. If your child would like to sign up, look for our parent volunteer/bank teller in the lunchroom on Wednesdays at lunch time. Students will need an account at either 1st Bank or Bank of Star Valley. This is a great program to teach your children the importance of saving money. Thank you to Sivanna McCormick for taking over this year and all the other volunteers who help out!

Box Top collection has started. Every month there will be a competition between classes. The class that has collected the most will receive a small prize. The class with the most box tops overall at each of two big collection times will win a party! A big thanks to Amy Simpson for heading our box top collections!

Be on the lookout for a **See's Candies Fundraiser** in November! Our fundraisers help us fund student and teacher activities throughout the year. Your support is greatly appreciated!

If you didn't get a chance to sign up to volunteer for any of our activities throughout the year, please email Heidi Webb, PTO President, at hwebb28@yahoo.com

We are looking forward to a fantastic year!

Please join us on Facebook "Etna PTO"

Music News!

If anyone needs more help or practice time on their instrument (recorders, guitars, band, orchestra) Mr. Kratz will be available from 7:25 to 7:45 a.m. for free music tutoring (lessons). Meet in the music room 128, string players meet on the stage.



We are excited to offer 5 sessions of **Etna Enrichment Express** again this year! As before, students will start with an academic portion and participate in a variety of exciting classes on Tuesdays and Wednesdays from 3-3:50 pm. Students will be able to ride the bus home with high school students. New this year, registration will be directed by Mrs. Katie Thygerson, Etna Librarian; Mrs. Claudia Baker in the office; and Mrs. Colleen Cook, our new 21CCLC Site Coordinator. Session 1 is September 25, 26, October 2, 3, 9, and 10. This year we are completing registration using Google Forms. If you have questions about registration, scholarships, or submitting the requested fee, please direct them to Mrs. Baker in the office. Also, please let us know if you have ideas for a class or would like to help teach a class. We are also excited to partner with Shar Perry and UW Extension Lincoln County 4-H, so watch for some great 4-H classes to be offered this year.

We are grateful to our **21CCLC Cohort 9 and 12 Grants** for funding these programs at Afton, Thayne, Etna, and Osmond Elementary Schools: Gearing Up for Kindergarten, Morning Fitness, Swim-N-Learn, Mastery Camp, GOFASA, Fantastic Friday Academy, STEAM classes, and extended day academic instruction.

Morning fitness is offered at our elementary schools for as many students as are able to attend because studies have proven that aerobic exercise leads to better brain functioning. This is explained in the book, *Spark: The Revolutionary New Science of Exercise and the Brain* by John J. Ratey, MD. We are excited to be able to give some of our students the opportunity to get their heart rate up during that extra time they have before school begins. We would like to encourage all students to participate in physical fitness activities before and after school to help improve academic achievement.

STEAM stands for Science, Technology, Engineering, Arts, Mathematics. We are excited to provide opportunities for students in these areas during after school hours for students in grades 2-6.

Parents of children under age 5, If you don't have a copy of our district Getting Ready for Kindergarten booklet, please pick one up at the Afton or Thayne Elementary Office. Also, the North Lincoln County Early Childhood Coalition website (nlcecc.org) has many resources that may be of interest to you.

Thanks!

Christine Turner

EES Student Council 17-18

Congrats to the 2018-201 members of Student Council! This year, Student Council will be responsible for supporting the following:

Announcements: Student Council members are now responsible for our weekly announcements. This means our members will rotate from week to week, announcing important information over the intercom to the entire building. Student Council members will demonstrate leadership by creating their very own unique announcements.

Learning Mode & The 8 Keys: Student Council members have already helped all students at EES to learn and remember “Learning Mode” by creating posters for every classroom as well as throughout the building.

Learning Mode: Eyes on the speaker, ears open, voices off when someone is speaking, personal space, and sit up. This is the expected behavior of all students at EES.



The 8 Keys: Integrity, Failure Leads to Success, Speak With Good Purpose, This Is It!, Commitment, Ownership, Flexibility, and Balance. These keys are taught and reviewed by classroom teachers and now the student council will take some of this responsibility.

Videos: Student Council members are responsible for creating videos demonstrating Learning Mode and The 8 Keys to for students to review and practice.

Assemblies: Student Council members will demonstrate leadership by helping to lead assemblies this year. Creativity is the key!

Community: Student Council will take part in many projects this year with the goal of giving back. Some of these projects may include a food drive around the holidays, candy gram fundraisers for a cause, and other projects yet to be determined.

The goal of Student Council is to help make EES a better place by cultivating creativity and fun and being role-models for all students.

